

78315 Nursing Services-Restraints

(a)

Restraints shall be used only as measures to protect the participant from injury to self, based on the assessment of the participant by the multidisciplinary team.

(b)

Restraints shall be used only under the following conditions: (1) Treatment restraints for the protection of the participant during treatment and diagnostic procedures. (2) Supportive restraints for positioning the participant and to prevent the participant from falling out of a chair or from a treatment table or bed.

(1)

Treatment restraints for the protection of the participant during treatment and diagnostic procedures.

(2)

Supportive restraints for positioning the participant and to prevent the participant from falling out of a chair or from a treatment table or bed.

(c)

Acceptable forms of restraints shall include only cloth vests, soft ties, soft cloth mittens, seat belts and trays with spring release devices. Soft ties means soft cloth which does not cause skin abrasion and which does not restrict blood circulation.

(d)

Restraints shall not be used as punishment or as a substitute for medical and nursing care.

(e)

No restraints with locking devices shall be used or available for use.

(f)

Restraints shall be applied in a manner so that they can be speedily removed in case of fire or other emergency.

(g)

Various types of adult chairs referred to as geriatric chairs are not defined as a restraint if the type of closing mechanism of the chair and the physical and mental capability of the specific participant allow for easy removal.